

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Sunday 13 & Over Timed Finals****Event 87 Girls 13-14 50 SC Meter Butterfly**

	Name	Age	Team	Finals Time
1	Greenaway, Molly	14	Goulbourn Sea Hawks	29.75
2	Noordhof, Isla	14	Greater Ottawa Kingfish S.C.	30.39
3	Nolan, Millie J	14	Greater Ottawa Kingfish S.C.	30.54
4	Rueckwald, Lola M	14	Roc Swimming	30.66
5	Norlock, Helena V	14	Carleton Place Water Dragons	30.94
6	Trang, Liana	13	Goulbourn Sea Hawks	31.04
7	Polisena, Sophia	14	Nepean Kanata Barracudas	31.60
8	Archibald, Fia	14	Swim Ottawa	31.95
9	Rasoulis, Eva	13	Greater Ottawa Kingfish S.C.	32.06
10	Leyan'Simbi, Aaliyah N	13	Greater Ottawa Kingfish S.C.	32.28
11	Quan, Ellie	13	Nepean Kanata Barracudas	32.41
12	Ennis, Myla	14	Perth Stingrays Aquatic Club	32.70
*13	Schonberg, Sierra	14	Nepean Kanata Barracudas	32.81
*13	Rozek, Talia	14	Greater Ottawa Kingfish S.C.	32.81
15	Rowberry, Hana	14	Ernestown Barracuda Swim Club	32.83
16	Pennell, Julia	14	Ernestown Barracuda Swim Club	32.90
17	Brooks-Mah, Cassia	13	Greater Ottawa Kingfish S.C.	32.97
18	Chadwick, Gia A	13	Belleville Beast Swim Team	33.01
19	Apanasevich, Marta	14	Goulbourn Sea Hawks	33.05
20	Kerr, Ellis E	14	Belleville Beast Swim Team	33.08
21	Bolton, Ella E	14	Belleville Beast Swim Team	33.24
*22	Pratt, Jaime G	14	Roc Swimming	33.27
*22	Sun, Vera	14	Nepean Kanata Barracudas	33.27
24	Pasher, Megan	14	Swim Ottawa	33.31
25	Leuschen, Violet	13	Nepean Kanata Barracudas	33.49
26	Rafter, Sadie	13	Swim Ottawa	33.82
27	Khalil, Mariam	13	Nepean Kanata Barracudas	34.22
28	James, Maren	13	Nepean Kanata Barracudas	34.47
29	Pons, Floriane A	13	Roc Swimming	34.78
30	Oates, Emery A	14	Belleville Beast Swim Team	35.65
31	Swain, Jocelyn	14	Ernestown Barracuda Swim Club	35.74
32	Hickling, Gwen	13	Nepean Kanata Barracudas	35.82
33	Cooney, Zoe E	13	Belleville Beast Swim Team	37.03
34	Elkhouli, Lamees	13	Nepean Kanata Barracudas	38.74

Event 87 Girls 15 & Over 50 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Mason, Sara V	17	Kingston Blue Marlins	28.68
2	Pitts, Payton J	16	Kingston Blue Marlins	29.01
3	Rudzki, Chloe M	17	Kingston Blue Marlins	29.28
4	Klosevych, Helena	17	Greater Ottawa Kingfish S.C.	29.49
5	Hiltz, Stella	16	Nepean Kanata Barracudas	29.78
6	Lupton, Hallie C	16	Belleville Beast Swim Team	29.90
7	McIntosh, Grace	16	Greater Ottawa Kingfish S.C.	30.31
8	Smith, Addison	15	Swim Ottawa	30.32
9	Licari, Danica	15	Nepean Kanata Barracudas	30.37
10	Nobes, Samantha	21	Kingston Blue Marlins	30.46
11	Summers, Ella L	18	Kingston Blue Marlins	30.48
12	Ibarra, Tania	19	Kingston Blue Marlins	30.57
13	Forestier, Gabrielle	17	Nepean Kanata Barracudas	30.80
14	Acero, Sofia	16	Goulbourn Sea Hawks	31.21

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Sunday 13 & Over Timed Finals****(Event 87 Girls 15 & Over 50 SC Meter Butterfly)**

	Name	Age	Team	Finals Time
15	King, Alivia J	16	Belleville Beast Swim Team	31.23
16	Gillieson, Olivia	15	Perth Stingrays Aquatic Club	31.29
17	Barrette, Emma D	17	Greater Ottawa Kingfish S.C.	31.44
18	Collins, Julia G	16	Kingston Blue Marlins	31.72
19	Zak, Lana J	15	Belleville Beast Swim Team	31.93
20	Ludmer, Sarah	17	Swim Ottawa	31.97
21	Lee, Ruby	15	Greater Ottawa Kingfish S.C.	32.12
22	Patry, Chantale	16	Greater Ottawa Kingfish S.C.	32.30
23	Arbuthnot, Grace T	16	Roc Swimming	32.38
24	Keith, Surina	15	Greater Ottawa Kingfish S.C.	32.39
25	Skeaff, Lilian	15	Nepean Kanata Barracudas	32.40
26	Serson, Olivia	18	Ernestown Barracuda Swim Club	32.55
27	Noordhof, Ava	17	Greater Ottawa Kingfish S.C.	32.58
28	Noonan, Jordan	17	Ernestown Barracuda Swim Club	32.77
29	MacQuarrie, Lauren C	17	Belleville Beast Swim Team	33.01
30	Shearer, Corran	15	Ernestown Barracuda Swim Club	33.07
31	Mulligan, Cecilia	16	Ernestown Barracuda Swim Club	33.09
32	Robertson, Alyssa	16	Greater Ottawa Kingfish S.C.	33.33
33	Thomlinson, Ava	16	Nepean Kanata Barracudas	33.38
34	Schmidt Stutzman, Maggie O	15	Kingston Blue Marlins	33.61
35	Kalverda, Skylar M	17	Kingston Blue Marlins	33.64
36	Matthews-Dickson, Kaitlyn R	15	Roc Swimming	33.78
37	Timpson, Eve E	16	Kingston Blue Marlins	33.83
38	Helmstaedt, Cedar	15	Ernestown Barracuda Swim Club	34.03
39	Carter, Hailey	15	Goulbourn Sea Hawks	34.27
40	Ogden, Georgia	15	Greater Ottawa Kingfish S.C.	35.07
41	Alma, Bella	19	Swim Ottawa	1:05.29
---	Rushenas, Chloe	17	Greater Ottawa Kingfish S.C.	NS

Event 88 Boys 13-14 50 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Yao, Lucas	13	Greater Ottawa Kingfish S.C.	27.26
2	Swietlicki, Steven	14	Swim Ottawa	28.65
3	Cook, James	14	Nepean Kanata Barracudas	28.74
4	Ghobrial, Youssef	14	Greater Ottawa Kingfish S.C.	28.87
5	MacPhee, Nathan	14	Perth Stingrays Aquatic Club	28.90
6	Yang, Logan Y	13	Goulbourn Sea Hawks	29.08
7	Vinet-Lessard, William	14	Greater Ottawa Kingfish S.C.	29.13
8	Yam, Levi	13	Nepean Kanata Barracudas	29.14
9	Peden, Jayden	13	Perth Stingrays Aquatic Club	30.08
10	Litrico, Mathias J	14	Kingston Blue Marlins	30.27
11	Fecica, Sam C	14	Kingston Blue Marlins	30.33
12	Bulat, Ante	14	Swim Ottawa	30.40
13	Liu, Ethan	14	Greater Ottawa Kingfish S.C.	30.89
14	Roach, Hunter K	13	Belleville Beast Swim Team	31.26
15	Lu, Jonathan	14	Nepean Kanata Barracudas	31.49
16	Beyea, Matthew	14	Nepean Kanata Barracudas	31.65
17	Lee, Kaden	13	Nepean Kanata Barracudas	31.75
18	Hungler, Gabe J	13	Kingston Blue Marlins	31.99
19	Church, Ethan J	13	Carleton Place Water Dragons	32.24
20	Kouame, James	13	Greater Ottawa Kingfish S.C.	32.88
21	O'Brien, Murphy	13	Swim Ottawa	36.13

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Sunday 13 & Over Timed Finals****(Event 88 Boys 13-14 50 SC Meter Butterfly)**

Name	Age	Team	Finals Time
22 Redshaw, Sam M	13	Goulbourn Sea Hawks	37.66

Event 88 Boys 15 & Over 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Kam, Conner	17	Goulbourn Sea Hawks	25.87
2 Case, Adam P	16	Belleville Beast Swim Team	26.23
3 Boyer, Julian	17	Swim Ottawa	26.26
4 Jolly Ssamula, Jordan	17	Nepean Kanata Barracudas	26.27
5 Pershukevich, Alexander	17	Nepean Kanata Barracudas	26.92
6 Wen, Jason	16	Swim Ottawa	26.94
7 Sweetnam, Declan	17	Nepean Kanata Barracudas	26.96
8 Pawlak, Jordan	16	Nepean Kanata Barracudas	27.01
9 Cameron, Beckett	16	Swim Ottawa	27.03
10 Zheng, Alex	15	Goulbourn Sea Hawks	27.09
11 Capraz, Mehmet Deniz	18	Nepean Kanata Barracudas	27.17
12 Jung, Owen	16	Greater Ottawa Kingfish S.C.	27.35
13 Meredith, Hadley W	17	Roc Swimming	27.40
14 Kim, Sungyoun	17	Nepean Kanata Barracudas	27.44
15 Deroneth, Saul	16	Greater Ottawa Kingfish S.C.	27.66
16 Yang, Terry	17	Nepean Kanata Barracudas	27.72
17 Ko, Liam	15	Nepean Kanata Barracudas	27.85
18 Fehr, Michael T	16	Belleville Beast Swim Team	27.86
19 Dutrizac, Sam L	15	Roc Swimming	27.88
20 Timtsenko, Illya	15	Perth Stingrays Aquatic Club	28.15
21 Keilty, Jack A	16	Kingston Blue Marlins	28.19
22 Patterson, Myer A	17	Roc Swimming	28.34
23 Robinson, Carter	17	Greater Ottawa Kingfish S.C.	28.35
24 Knockleby, Everett	17	Petawawa Predators	28.43
25 Pantarotto, Dylan	16	Swim Ottawa	28.48
26 Yan, Anton	15	Nepean Kanata Barracudas	28.53
27 Pons, Raphael J	16	Roc Swimming	28.57
28 Shearer, Braeden	17	Ernestown Barracuda Swim Club	28.68
*29 Gaudaur Webb, Mykal	15	Perth Stingrays Aquatic Club	28.81
*29 MacDonald, Teagan	16	Nepean Kanata Barracudas	28.81
31 Laidley, Sean	18	Perth Stingrays Aquatic Club	28.95
32 Ngatia, Michael	15	Goulbourn Sea Hawks	29.01
33 Ladinik, Zan	17	Kingston Blue Marlins	29.05
34 Zukovsky, Adam	17	Belleville Beast Swim Team	29.07
35 Baron, Gabe F	15	Kingston Blue Marlins	29.18
36 LeBouthillier, Aaron	16	Nepean Kanata Barracudas	29.56
37 Bevington, Nixon	15	Nepean Kanata Barracudas	29.57
38 Crampton, Drew	17	Ernestown Barracuda Swim Club	29.79
39 Guo, George	15	Nepean Kanata Barracudas	29.83
40 Van Zijl, Leon X	15	Belleville Beast Swim Team	30.16
41 Zegers, Jacob	17	Greater Ottawa Kingfish S.C.	30.17
42 Brent, Connor	16	Greater Ottawa Kingfish S.C.	30.39
43 Makowski, Jonah	15	Greater Ottawa Kingfish S.C.	30.96

Event 89 Girls 13-14 800 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Hull, Gwyneth	14	Goulbourn Sea Hawks	9:50.06
2 Glinski, Georgia K	14	Roc Swimming	9:55.02

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Sunday 13 & Over Timed Finals****(Event 89 Girls 13-14 800 SC Meter Freestyle)**

	Name	Age	Team	Finals Time
3	Aubin, Michelle	14	Goulbourn Sea Hawks	9:55.62
4	McKay, Lindsay	14	Goulbourn Sea Hawks	9:57.60
5	Gomes, Sinead K	13	Roc Swimming	9:58.97
6	McKenna, Ainsley	14	Swim Ottawa	10:10.22
7	Fairley, Emma	13	Nepean Kanata Barracudas	10:11.76
8	Fournier, Ellie	14	Nepean Kanata Barracudas	10:17.79
9	Polisena, Sophia	14	Nepean Kanata Barracudas	10:25.01
10	Hoskin, Victoria	14	Greater Ottawa Kingfish S.C.	10:28.86
11	Gora, Chelsea	13	Ernestown Barracuda Swim Club	10:35.25
12	Cowan, Eloise E	14	Greater Ottawa Kingfish S.C.	10:44.49
13	Zhang, Kyna	14	Nepean Kanata Barracudas	10:46.12
14	Jackson, Norah M	14	Belleville Beast Swim Team	10:46.29
15	Gow, Emma L	14	Kingston Blue Marlins	10:49.09
16	Shier, Kayla	14	Goulbourn Sea Hawks	10:49.75
17	Albright, Mikayla	13	Swim Ottawa	10:52.29
18	Diotte, Gaby T	13	Greater Ottawa Kingfish S.C.	10:53.57
19	Green, Annie	13	Perth Stingrays Aquatic Club	10:57.63
20	Dondos, Oana	13	Nepean Kanata Barracudas	10:58.08
21	Atkinson, Chloe	13	Perth Stingrays Aquatic Club	10:58.97
22	Conlin, Charlie	13	Goulbourn Sea Hawks	11:00.52
23	Khalil, Mariam	13	Nepean Kanata Barracudas	11:07.38
24	Gehring, Claire	14	Nepean Kanata Barracudas	11:30.99

Event 89 Women 15 & Over 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Rudzki, Chloe M	17	Kingston Blue Marlins	9:22.07
2	Lawless, Keira	17	Goulbourn Sea Hawks	9:38.16
3	Noordhof, Ava	17	Greater Ottawa Kingfish S.C.	9:40.03
4	Hiltz, Stella	16	Nepean Kanata Barracudas	9:42.44
5	Livingston, Emmanuelle	17	Greater Ottawa Kingfish S.C.	9:46.51
6	Barnes, Alyssa G	15	Belleville Beast Swim Team	9:52.25
7	Wultsch-Fuller, Sonja	15	Cornwall Sea Lions	9:52.83
8	Wilson-East, Olivia M	15	Roc Swimming	9:53.44
9	Tocchi, Mia C	15	Roc Swimming	9:56.84
10	Licari, Danica	15	Nepean Kanata Barracudas	10:00.24
11	Hudacin, Emily K	15	Belleville Beast Swim Team	10:01.20
12	Matthews-Dickson, Kaitlyn R	15	Roc Swimming	10:01.47
13	Jodoin, Olivia	17	Greater Ottawa Kingfish S.C.	10:02.67
14	Walsh, Maisie C	16	Belleville Beast Swim Team	10:04.74
15	Barrette, Emma D	17	Greater Ottawa Kingfish S.C.	10:09.89
16	Boudreau-Lavoie, Charlotte	15	Greater Ottawa Kingfish S.C.	10:10.08
17	Collins, Julia G	16	Kingston Blue Marlins	10:12.13
18	Mendieta-Sweet, Justice T	16	Kingston Blue Marlins	10:12.29
19	Serson, Olivia	18	Ernestown Barracuda Swim Club	10:17.55
20	Keith, Surina	15	Greater Ottawa Kingfish S.C.	10:21.34
21	Swartz, Rachael	16	Ernestown Barracuda Swim Club	10:21.55
22	Van Dusen, Madeleine	17	Perth Stingrays Aquatic Club	10:39.85
23	Al-Dawodi, Mei	15	Greater Ottawa Kingfish S.C.	10:42.73
24	Wright, Zoe	15	Greater Ottawa Kingfish S.C.	10:46.23
25	Thomlinson, Ava	16	Nepean Kanata Barracudas	10:52.36
26	Rands, Catherine	16	Swim Ottawa	10:52.58
27	Zak, Lana J	15	Belleville Beast Swim Team	11:01.06

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Sunday 13 & Over Timed Finals

(Event 89 Women 15 & Over 800 SC Meter Freestyle)

	Name	Age	Team	Finals Time
28	Miller, Camryn	15	Nepean Kanata Barracudas	11:03.22
29	Hall, Cody L	15	Roc Swimming	11:04.65
---	Rushenas, Chloe	17	Greater Ottawa Kingfish S.C.	NS

Event 89 Boys 13-14 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Yao, Lucas	13	Greater Ottawa Kingfish S.C.	9:16.23
2	Klatt, Henry H	14	Greater Ottawa Kingfish S.C.	9:25.07
3	Plummer, Brody	13	Nepean Kanata Barracudas	9:30.46
4	MacPhee, Nathan	14	Perth Stingrays Aquatic Club	9:38.82
5	Shore, Thomas	13	Nepean Kanata Barracudas	9:51.59
6	Hong, Theodore	14	Greater Ottawa Kingfish S.C.	9:54.84
7	Cook, James	14	Nepean Kanata Barracudas	9:55.13
8	Yang, Mason Y	13	Goulbourn Sea Hawks	10:22.51
9	Stubbert, Thomas J	13	Greater Ottawa Kingfish S.C.	10:27.43
10	Geddes, Bennett A	13	Roc Swimming	10:32.02
11	Kiweewa, Kayden	13	Greater Ottawa Kingfish S.C.	10:37.08
12	Dowling, Matthew	13	Ernestown Barracuda Swim Club	10:46.00
13	Mondoux, Entreri	13	Cornwall Sea Lions	10:46.02
14	Williams, Alexander	13	Swim Ottawa	10:48.91
15	Abdulla, Noah	13	Nepean Kanata Barracudas	10:53.79

Event 89 Men 15 & Over 800 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Pershukovich, Alexander	17	Nepean Kanata Barracudas	8:29.43
2	Soltani, Ilyes	17	Nepean Kanata Barracudas	8:37.58
3	Seely, Joshua A	17	Roc Swimming	8:49.86
4	Peden, Gavin	16	Perth Stingrays Aquatic Club	8:50.34
5	de Vlieger, Henry	16	Swim Ottawa	8:59.30
6	Zewdie, Matteo	15	Greater Ottawa Kingfish S.C.	8:59.97
7	Weiss-Reid, Maxime	17	Greater Ottawa Kingfish S.C.	9:02.80
8	Scully, Cole	15	Nepean Kanata Barracudas	9:07.36
9	Do, Alexander	15	Roc Swimming	9:09.46
10	Brent, Connor	16	Greater Ottawa Kingfish S.C.	9:09.50
11	Janssen, Devin A	16	Kingston Blue Marlins	9:28.38
12	Timtsenko, Illya	15	Perth Stingrays Aquatic Club	9:29.45
13	Boyer, Julian	17	Swim Ottawa	9:30.49
14	Moreau, Logan	16	Nepean Kanata Barracudas	9:31.18
15	Benny, Dash P	17	Kingston Blue Marlins	9:34.59
16	Pistun, Oliver G	15	Kingston Blue Marlins	9:34.74
17	Morris, Calvin	15	Swim Ottawa	9:40.95
18	Elshahat, Mohamed	16	Nepean Kanata Barracudas	9:47.90
19	Bowles, Matthew	15	Swim Ottawa	9:47.98
20	Moher, Charlie	16	Swim Ottawa	9:54.22
21	Millward, Zachary	15	Cornwall Sea Lions	9:57.13
22	Kim, Sungyoun	17	Nepean Kanata Barracudas	9:57.55

Event 91 Girls 13-14 50 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Noordhof, Isla	14	Greater Ottawa Kingfish S.C.	30.98
2	Norlock, Helena V	14	Carleton Place Water Dragons	32.06
3	Fournier, Ellie	14	Nepean Kanata Barracudas	32.11

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Sunday 13 & Over Timed Finals****(Event 91 Girls 13-14 50 SC Meter Backstroke)**

Name	Age	Team	Finals Time
4 Voisin, Annabelle	14	Petawawa Predators	32.87
5 Swain, Jocelyn	14	Ernestown Barracuda Swim Club	33.10
6 Gomes, Sinead K	13	Roc Swimming	33.14
7 Gora, Chelsea	13	Ernestown Barracuda Swim Club	33.16
8 Rueckwald, Lola M	14	Roc Swimming	33.21
9 Archibald, Fia	14	Swim Ottawa	33.47
10 Apanasevich, Marta	14	Goulbourn Sea Hawks	33.65
11 Rozek, Talia	14	Greater Ottawa Kingfish S.C.	33.66
12 Quan, Ellie	13	Nepean Kanata Barracudas	33.71
13 Fairley, Emma	13	Nepean Kanata Barracudas	33.77
14 Leyan'Simbi, Aaliyah N	13	Greater Ottawa Kingfish S.C.	33.79
15 Hull, Gwyneth	14	Goulbourn Sea Hawks	33.92
16 Aubin, Michelle	14	Goulbourn Sea Hawks	34.18
17 Trang, Liana	13	Goulbourn Sea Hawks	34.40
18 Pratt, Jaime G	14	Roc Swimming	34.55
19 Macdonald, Moy	13	Nepean Kanata Barracudas	34.56
20 Hoskin, Victoria	14	Greater Ottawa Kingfish S.C.	34.79
21 Togtokhbayar, Uranbileg	13	Swim Ottawa	34.85
22 Rosenberg, Claire	14	Swim Ottawa	34.91
23 Rasoulis, Eva	13	Greater Ottawa Kingfish S.C.	35.00
24 Harris, Morgan	13	Kingston Blue Marlins	35.15
25 Pillay, Katie	14	Nepean Kanata Barracudas	35.20
26 Gow, Emma L	14	Kingston Blue Marlins	35.58
27 Chadwick, Gia A	13	Belleville Beast Swim Team	35.94
28 Leuschen, Violet	13	Nepean Kanata Barracudas	36.02
29 Pasher, Megan	14	Swim Ottawa	37.02
30 Dondos, Oana	13	Nepean Kanata Barracudas	37.68
31 McCauley, Evelyn G	13	Greater Ottawa Kingfish S.C.	38.28
32 Pons, Floriane A	13	Roc Swimming	38.75
--- Gauthier-Velasco, Isabella	13	Greater Ottawa Kingfish S.C.	NS

Event 91 Girls 15 & Over 50 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Pitts, Payton J	16	Kingston Blue Marlins	30.10
2 Mason, Sara V	17	Kingston Blue Marlins	30.93
3 Klosevych, Helena	17	Greater Ottawa Kingfish S.C.	30.95
4 Lupton, Hallie C	16	Belleville Beast Swim Team	31.45
5 Gillieson, Olivia	15	Perth Stingrays Aquatic Club	31.84
6 Nobes, Samantha	21	Kingston Blue Marlins	32.24
7 Acero, Sofia	16	Goulbourn Sea Hawks	32.33
8 Walsh, Maisie C	16	Belleville Beast Swim Team	32.40
9 Kalverda, Skylar M	17	Kingston Blue Marlins	32.51
10 Fee, Amelia	16	Nepean Kanata Barracudas	32.62
11 Ouimet, Arielle	16	Greater Ottawa Kingfish S.C.	32.76
12 Tocchi, Mia C	15	Roc Swimming	32.83
13 Swartz, Rachael	16	Ernestown Barracuda Swim Club	32.94
*14 Meredith, Teagan M	15	Roc Swimming	33.24
*14 Bailey, Josephine	17	Kingston Blue Marlins	33.24
16 Schmidt Stutzman, Maggie O	15	Kingston Blue Marlins	33.29
17 King, Alivia J	16	Belleville Beast Swim Team	33.31
18 Zaniewski, Sarah	17	Nepean Kanata Barracudas	33.41
19 Spence, Kayla	17	Goulbourn Sea Hawks	33.56

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Sunday 13 & Over Timed Finals

(Event 91 Girls 15 & Over 50 SC Meter Backstroke)

	Name	Age	Team	Finals Time
20	Timpson, Eve E	16	Kingston Blue Marlins	33.81
21	Livingston, Emmanuelle	17	Greater Ottawa Kingfish S.C.	34.30
22	Duffey, Rowan	16	Swim Ottawa	34.40
23	Ogden, Georgia	15	Greater Ottawa Kingfish S.C.	34.56
24	Noonan, Jordan	17	Ernestown Barracuda Swim Club	34.66
25	Skeaff, Lillian	15	Nepean Kanata Barracudas	34.69
26	Runions, Grace A	15	Kingston Blue Marlins	35.11
27	Wilson-East, Olivia M	15	Roc Swimming	35.17
28	McCourt, Keira K	15	Roc Swimming	35.22
29	James, Lydia	15	Nepean Kanata Barracudas	35.36
30	Al-Dawodi, Mei	15	Greater Ottawa Kingfish S.C.	35.46
31	Arbuthnot, Grace T	16	Roc Swimming	36.03
32	Prost, Phoebe J	15	Kingston Blue Marlins	36.32
33	Wright, Zoe	15	Greater Ottawa Kingfish S.C.	37.51
34	Carr, Jessie	17	Ernestown Barracuda Swim Club	37.70

Event 92 Boys 13-14 50 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Plummer, Brody	13	Nepean Kanata Barracudas	29.61
2	Ghobrial, Youssef	14	Greater Ottawa Kingfish S.C.	30.36
3	Lee, Kaden	13	Nepean Kanata Barracudas	30.52
4	Yang, Logan Y	13	Goulbourn Sea Hawks	30.91
5	Peden, Jayden	13	Perth Stingrays Aquatic Club	31.14
6	MacKenzie, Hammond	14	Swim Ottawa	31.47
7	Hong, Theodore	14	Greater Ottawa Kingfish S.C.	31.53
*8	Fecica, Sam C	14	Kingston Blue Marlins	31.82
*8	Heidinga, Simon	14	Swim Ottawa	31.82
10	Roach, Hunter K	13	Belleville Beast Swim Team	32.06
11	Mcllvaney, Ben R	13	Belleville Beast Swim Team	32.94
12	Randriamoelirivony, Rodo	14	Nepean Kanata Barracudas	33.01
13	Hungler, Gabe J	13	Kingston Blue Marlins	33.13
14	Markovych, Dany	13	Capital Wave Swim & Polo	33.44
15	Addicks, Soren	13	Swim Ottawa	33.55
16	Stubbert, Thomas J	13	Greater Ottawa Kingfish S.C.	33.78
17	Helmstaedt, Grant	14	Ernestown Barracuda Swim Club	34.11
18	Sadat, Sina	13	Nepean Kanata Barracudas	34.69
19	Kurtyan, Mathieu	13	Nepean Kanata Barracudas	35.76
20	Geddes, Bennett A	13	Roc Swimming	35.79
21	Kiweewa, Kayden	13	Greater Ottawa Kingfish S.C.	35.82
---	Kouame, James	13	Greater Ottawa Kingfish S.C.	NS

Event 92 Boys 15 & Over 50 SC Meter Backstroke

	Name	Age	Team	Finals Time
1	Heiden, Liam A	16	Kingston Blue Marlins	27.12
2	Ko, Liam	15	Nepean Kanata Barracudas	27.33
3	Deroneth, Saul	16	Greater Ottawa Kingfish S.C.	27.43
4	Case, Adam P	16	Belleville Beast Swim Team	27.83
5	Kam, Conner	17	Goulbourn Sea Hawks	28.10
6	Pons, Raphael J	16	Roc Swimming	28.14
7	Downie, Dylan P	16	Kingston Blue Marlins	28.25
8	Robinson, Carter	17	Greater Ottawa Kingfish S.C.	28.47
9	Livingston, Lucas	15	Greater Ottawa Kingfish S.C.	28.65

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Sunday 13 & Over Timed Finals

(Event 92 Boys 15 & Over 50 SC Meter Backstroke)

	Name	Age	Team	Finals Time
10	Patterson, Myer A	17	Roc Swimming	28.79
11	Elliot, Liam	15	Nepean Kanata Barracudas	28.89
12	Dow, Nate	15	Goulbourn Sea Hawks	29.07
13	Barker, Ben	15	Goulbourn Sea Hawks	29.27
14	Fehr, Michael T	16	Belleville Beast Swim Team	29.43
15	Meredith, Hadley W	17	Roc Swimming	29.47
16	Yang, Terry	17	Nepean Kanata Barracudas	29.71
17	Moreau, Logan	16	Nepean Kanata Barracudas	29.91
18	Shearer, Braeden	17	Ernestown Barracuda Swim Club	30.12
19	Dutrizac, Sam L	15	Roc Swimming	30.50
20	Ladinik, Zan	17	Kingston Blue Marlins	30.75
21	Zewdie, Matteo	15	Greater Ottawa Kingfish S.C.	31.23
22	Moulds, Elliot	15	Swim Ottawa	31.48
23	Keilty, Jack A	16	Kingston Blue Marlins	31.64
---	Jung, Owen	16	Greater Ottawa Kingfish S.C.	DQ 28.96

Event 93 Girls 14 & Under 1500 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Greenaway, Molly	14	Goulbourn Sea Hawks	17:51.63
2	Duford, Jessica	12	Nepean Kanata Barracudas	18:31.77
3	Kim, Yunseo	14	Nepean Kanata Barracudas	18:33.91
4	Nolan, Millie J	14	Greater Ottawa Kingfish S.C.	19:08.20
5	Rafter, Sadie	13	Swim Ottawa	19:52.71
6	Oates, Emery A	14	Belleville Beast Swim Team	20:11.15
7	Rosenberg, Claire	14	Swim Ottawa	20:37.72
8	Sheppard, Norah A	13	Roc Swimming	20:59.33

Event 93 Women 15 & Over 1500 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Forestier, Gabrielle	17	Nepean Kanata Barracudas	17:58.99
2	MacQuarrie, Lauren C	17	Belleville Beast Swim Team	19:07.81
3	Ouimet, Arielle	16	Greater Ottawa Kingfish S.C.	19:22.81
4	Anderson, Claire C	16	Roc Swimming	19:26.94
5	McCourt, Naomi K	15	Roc Swimming	19:28.06
6	Zaniewski, Sarah	17	Nepean Kanata Barracudas	19:54.00
7	McCourt, Keira K	15	Roc Swimming	20:02.61
8	Meredith, Teagan M	15	Roc Swimming	20:12.62
9	Van Dusen, Caroline	15	Perth Stingrays Aquatic Club	20:44.36
10	Runions, Grace A	15	Kingston Blue Marlins	20:53.64

Event 93 Boys 14 & Under 1500 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	MacKenzie, Hammond	14	Swim Ottawa	17:28.59
2	Bulat, Ante	14	Swim Ottawa	17:36.97
3	Shelswell de Vlieger, Willem	14	Swim Ottawa	18:12.32
4	Yam, Levi	13	Nepean Kanata Barracudas	18:23.79
5	Wang, Simon	13	Nepean Kanata Barracudas	18:49.40
6	Heidinga, Simon	14	Swim Ottawa	19:11.72
7	Duggan, Oliver	14	Goulbourn Sea Hawks	19:27.00
8	Randriamoeliarivony, Rodo	14	Nepean Kanata Barracudas	19:49.69

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Sunday 13 & Over Timed Finals****Event 93 Men 15 & Over 1500 SC Meter Freestyle**

	Name	Age	Team	Finals Time
1	Capraz, Mehmet Deniz	18	Nepean Kanata Barracudas	16:04.00
2	Cameron, Beckett	16	Swim Ottawa	16:56.24
3	MacDonald, Teagan	16	Nepean Kanata Barracudas	17:13.32
4	WechselbergerVickers, Max	17	Nepean Kanata Barracudas	17:22.21
5	Pantarotto, Dylan	16	Swim Ottawa	17:26.70
6	Pawlak, Jordan	16	Nepean Kanata Barracudas	17:42.17
7	Lee, Ethan	15	Nepean Kanata Barracudas	18:03.44
8	Elliot, Liam	15	Nepean Kanata Barracudas	18:08.14
9	Zegers, Jacob	17	Greater Ottawa Kingfish S.C.	18:22.06
10	Crampton, Drew	17	Ernestown Barracuda Swim Club	18:23.63
11	Anand-Danek, Chris M	15	Roc Swimming	18:45.61
12	Makowski, Jonah	15	Greater Ottawa Kingfish S.C.	18:55.32
13	Brown, William	16	Swim Ottawa	18:59.73
14	Yan, Anton	15	Nepean Kanata Barracudas	19:01.20
15	Seydaliev, Mikhail	17	Petawawa Predators	19:01.29
16	Scott, Malcolm	15	Nepean Kanata Barracudas	19:03.48
17	Van Zijl, Leon X	15	Belleville Beast Swim Team	19:10.80
18	Gallupe, Cohen	16	Ernestown Barracuda Swim Club	19:22.83

Event 95 Girls 13-14 50 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Glinski, Georgia K	14	Roc Swimming	36.46
2	Sun, Vera	14	Nepean Kanata Barracudas	36.69
3	Kim, Yunseo	14	Nepean Kanata Barracudas	36.79
4	Bolton, Ella E	14	Belleville Beast Swim Team	36.86
5	McKay, Lindsay	14	Goulbourn Sea Hawks	37.27
6	Rowberry, Hana	14	Ernestown Barracuda Swim Club	37.81
7	James, Maren	13	Nepean Kanata Barracudas	37.83
8	Detillieux, Rose	14	Greater Ottawa Kingfish S.C.	38.71
9	Majzoub, Dana	13	Greater Ottawa Kingfish S.C.	39.06
10	O'Connell, Avery	14	Nepean Kanata Barracudas	39.20
11	Macdonald, Moy	13	Nepean Kanata Barracudas	39.31
12	McCauley, Evelyn G	13	Greater Ottawa Kingfish S.C.	39.34
13	Pillay, Katie	14	Nepean Kanata Barracudas	39.36
14	Borowiec, Nicole	13	Capital Wave Swim & Polo	39.42
15	Hickling, Gwen	13	Nepean Kanata Barracudas	40.87
*16	Harris, Morgan	13	Kingston Blue Marlins	40.93
*16	Sharma, Kiara	13	Goulbourn Sea Hawks	40.93
18	Zhou, Tiana	13	Goulbourn Sea Hawks	41.35
19	Wang, Alyssa	13	Nepean Kanata Barracudas	42.66
20	Cooney, Zoe E	13	Belleville Beast Swim Team	48.55
21	MacDonald, Audrey	14	Swim Ottawa	49.72

Event 95 Girls 15 & Over 50 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Helmstaedt, Cedar	15	Ernestown Barracuda Swim Club	33.98
2	McIntosh, Grace	16	Greater Ottawa Kingfish S.C.	34.23
3	Summers, Ella L	18	Kingston Blue Marlins	35.01
4	Smith, Addison	15	Swim Ottawa	35.17
5	Shearer, Corran	15	Ernestown Barracuda Swim Club	35.80
6	Jodoin, Olivia	17	Greater Ottawa Kingfish S.C.	35.81

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Sunday 13 & Over Timed Finals

(Event 95 Girls 15 & Over 50 SC Meter Breaststroke)

Name	Age	Team	Finals Time
7 Lawless, Keira	17	Goulbourn Sea Hawks	36.39
8 Bogdan, Nina	21	Kingston Blue Marlins	36.54
9 James, Lydia	15	Nepean Kanata Barracudas	36.60
10 Hudacin, Emily K	15	Belleville Beast Swim Team	36.79
11 Lee, Ruby	15	Greater Ottawa Kingfish S.C.	37.10
12 Spence, Kayla	17	Goulbourn Sea Hawks	37.17
13 Hayes, Ella	15	Swim Ottawa	37.65
14 Christy, Ruth	17	Perth Stingrays Aquatic Club	37.71
15 Ludmer, Sarah	17	Swim Ottawa	38.07
16 Boudreau-Lavoie, Charlotte	15	Greater Ottawa Kingfish S.C.	39.01
17 Barnes, Alyssa G	15	Belleville Beast Swim Team	39.06
18 Carter, Hailey	15	Goulbourn Sea Hawks	39.09
19 McIlvaney, Ava D	15	Belleville Beast Swim Team	39.14
20 Mendieta-Sweet, Justice T	16	Kingston Blue Marlins	39.43
21 Bailey, Josephine	17	Kingston Blue Marlins	39.80
22 McCourt, Naomi K	15	Roc Swimming	40.62
23 Gillis, Mae S	15	Kingston Blue Marlins	41.20
24 Anderson, Claire C	16	Roc Swimming	41.59
25 Alma, Bella	19	Swim Ottawa	58.03
--- Duffey, Rowan	16	Swim Ottawa	NS

Event 96 Boys 13-14 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Vinet-Lessard, William	14	Greater Ottawa Kingfish S.C.	31.52
2 Swietlicki, Steven	14	Swim Ottawa	33.22
3 Shelswell de Vlieger, Willem	14	Swim Ottawa	34.43
4 Nahorny, Ioan S	14	Kingston Blue Marlins	34.89
5 Klatt, Henry H	14	Greater Ottawa Kingfish S.C.	35.69
6 McIlvaney, Ben R	13	Belleville Beast Swim Team	35.98
7 Lei, Qingyan	14	Nepean Kanata Barracudas	36.17
8 Sangiuliano, Dylan M	13	Belleville Beast Swim Team	37.11
9 Wang, Simon	13	Nepean Kanata Barracudas	37.25
10 Lu, Jonathan	14	Nepean Kanata Barracudas	37.72
11 Boyer, Alexander	14	Swim Ottawa	37.79
12 Markovych, Dany	13	Capital Wave Swim & Polo	37.97
13 Shore, Thomas	13	Nepean Kanata Barracudas	38.00
14 Fang, Brayden	14	Nepean Kanata Barracudas	38.34
15 Redshaw, Sam M	13	Goulbourn Sea Hawks	40.05
16 O'Brien, Murphy	13	Swim Ottawa	40.58
17 Qin, Ethan	13	Nepean Kanata Barracudas	42.94
18 Mondoux, Entreri	13	Cornwall Sea Lions	48.14
--- Cardinal, Mathias	14	Nepean Kanata Barracudas	DQ 35.93
--- Al-Dawodi, Ali	13	Greater Ottawa Kingfish S.C.	NS

Event 96 Boys 15 & Over 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Sweetnam, Declan	17	Nepean Kanata Barracudas	29.97
2 Jolly Ssamula, Jordan	17	Nepean Kanata Barracudas	30.08
3 Soltani, Ilyes	17	Nepean Kanata Barracudas	30.28
4 Seely, Joshua A	17	Roc Swimming	30.85
5 Wen, Jason	16	Swim Ottawa	31.24
6 Gaudaur Webb, Mykal	15	Perth Stingrays Aquatic Club	31.32

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Sunday 13 & Over Timed Finals****(Event 96 Boys 15 & Over 50 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
7 Heiden, Liam A	16	Kingston Blue Marlins	31.52
8 Zheng, Alex	15	Goulbourn Sea Hawks	31.67
9 Livingston, Lucas	15	Greater Ottawa Kingfish S.C.	32.16
10 Bevington, Nixon	15	Nepean Kanata Barracudas	32.25
11 de Vlieger, Henry	16	Swim Ottawa	32.50
12 Janssen, Devin A	16	Kingston Blue Marlins	32.60
13 Elshahat, Mohamed	16	Nepean Kanata Barracudas	33.09
14 Lee, Ethan	15	Nepean Kanata Barracudas	33.20
15 Yee, Chesney	17	Upper Canada Swim Club	33.75
16 Scully, Cole	15	Nepean Kanata Barracudas	33.87
17 Che, Brian	16	Nepean Kanata Barracudas	33.89
18 Barker, Ben	15	Goulbourn Sea Hawks	34.04
19 Zukovsky, Adam	17	Belleville Beast Swim Team	34.26
20 Bowles, Matthew	15	Swim Ottawa	34.29
21 Hassaan, Ryan	15	Nepean Kanata Barracudas	34.67
22 Ngatia, Michael	15	Goulbourn Sea Hawks	35.16
23 Baron, Gabe F	15	Kingston Blue Marlins	35.54
24 Pistun, Oliver G	15	Kingston Blue Marlins	35.90
25 Moher, Charlie	16	Swim Ottawa	35.93
26 Scott, Malcolm	15	Nepean Kanata Barracudas	35.98
27 Do, Alexander	15	Roc Swimming	37.03
28 Anand-Danek, Chris M	15	Roc Swimming	37.47

Event 97 Mixed 13-14 400 SC Meter Freestyle Relay

Team	Relay	Finals Time	
1 Greater Ottawa Kingfish S.C.	A	3:56.90	
1) Yao, Lucas M13	2) Vinet-Lessard, William M14	3) Noordhof, Isla W14	4) Nolan, Millie J W14
2 Nepean Kanata Barracudas	A	3:59.13	
1) Quan, Ellie W13	2) Cook, James M14	3) Polisena, Sophia W14	4) Yam, Levi M13
3 Goulbourn Sea Hawks	A	4:08.18	
1) Greenaway, Molly W14	2) Aubin, Michelle W14	3) Duggan, Oliver M14	4) Yang, Logan Y M13
4 Greater Ottawa Kingfish S.C.	B	4:08.94	
1) Ghobrial, Youssef M14	2) Klatt, Henry H M14	3) Leyan'Simbi, Aaliyah N W13	4) Detillieux, Rose W14
5 Nepean Kanata Barracudas	B	4:09.99	
1) Lee, Kaden M13	2) Randriamoeliarivony, Rodo M14	3) Fournier, Ellie W14	4) Kim, Yunseo W14
6 Perth Stingrays Aquatic Club	A	4:14.57	
1) MacPhee, Nathan M14	2) Ennis, Myla W14	3) Green, Annie W13	4) Peden, Jayden M13
7 Belleville Beast Swim Team	A	4:23.24	
1) McIlvaney, Ben R M13	2) Oates, Emery A W14	3) Chadwick, Gia A W13	4) Roach, Hunter K M13
8 Ernestown Barracuda Swim Club	A	4:26.65	
1) Helmstaedt, Grant M14	2) Rowberry, Hana W14	3) Swain, Jocelyn W14	4) Dowling, Matthew M13
--- Kingston Blue Marlins	A	NS	
1) Fecica, Sam C M14	2) Gow, Emma L W14	3) Harris, Morgan W13	4) Litrico, Mathias J M14

Event 99 Mixed 15 & Over 400 SC Meter Freestyle Relay

Team	Relay	Finals Time	
1 Greater Ottawa Kingfish S.C.	A	3:46.86	
1) Weiss-Reid, Maxime M17	2) Jung, Owen M16	3) Klosevych, Helena W17	4) Noordhof, Ava W17
2 Nepean Kanata Barracudas	A	3:47.13	
1) Jolly Ssamula, Jordan M17	2) Hiltz, Stella W16	3) Forestier, Gabrielle W17	4) Pershukevich, Alexander M17
3 Kingston Blue Marlins	A	3:49.62	
1) Ladinik, Zan M17	2) Rudzki, Chloe M W17	3) Mason, Sara V W17	4) Heiden, Liam A M16

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Sunday 13 & Over Timed Finals****(Event 99 Mixed 15 & Over 400 SC Meter Freestyle Relay)**

Team	Relay	Finals Time	
4 Goulbourn Sea Hawks	A	3:54.88	
1) Zheng, Alex M15	2) Spence, Kayla W17	3) Lawless, Keira W17	4) Kam, Conner M17
5 Nepean Kanata Barracudas	B	3:55.08	
1) Yang, Terry M17	2) Capraz, Mehmet Deniz M18	3) Licari, Danica W15	4) James, Lydia W15
6 Greater Ottawa Kingfish S.C.	B	3:55.78	
1) Livingston, Lucas M15	2) Brent, Connor M16	3) Livingston, Emmanuelle W17	4) McIntosh, Grace W16
7 Roc Swimming	A	3:57.68	
1) Meredith, Hadley W M17	2) Seely, Joshua A M17	3) Anderson, Claire C W16	4) Tocchi, Mia C W15
8 Belleville Beast Swim Team	A	4:02.43	
1) Zukovsky, Adam M17	2) Lupton, Hallie C W16	3) Walsh, Maisie C W16	4) Case, Adam P M16
9 Ernestown Barracuda Swim Club	A	4:03.50	
1) Shearer, Braeden M17	2) Serson, Olivia W18	3) Crampton, Drew M17	4) Swartz, Rachael W16
10 Perth Stingrays Aquatic Club	A	4:03.91	
1) Peden, Gavin M16	2) Gillieson, Olivia W15	3) Brady, Hailee W17	4) Timtsenko, Ilya M15
11 Belleville Beast Swim Team	B	4:10.91	
1) Fehr, Michael T M16	2) Barnes, Alyssa G W15	3) King, Alivia J W16	4) Van Zijl, Leon X M15
12 Perth Stingrays Aquatic Club	B	4:15.96	
1) Laidley, Sean M18	2) Christy, Ruth W17	3) Van Dusen, Madeleine W17	4) Gaudaur Webb, Mykal M15
--- Roc Swimming	B	DQ 4:08.70	
1) Pons, Raphael J M16	2) Do, Alexander M15	3) McCourt, Naomi K W15	4) Meredith, Teagan M W15